

Pre Appointment Instructions:

Do not work out 24 hours before procedure.

Any acne medication is a definite no for this procedure. You have to be off any kind of Accutane for 1 year. No exceptions.

No alcohol or caffeine 24 hours before procedure. Will increase bleeding and reduce ink retention.

Avoid sun and tanning one week prior to procedure.

Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen 24 hours before procedure. Will increase bleeding.

Avoid power shakes and power greens, Fish Oil, and "Hair, Skin, Nail" supplements 24 hours prior to procedure.

Discontinue Glycolics, Chemical Peels and Retin-A 4 weeks prior. These products thin the skin causing more irritation, bleeding and possible long term damage.

Refrain from use of any Alpha Hydroxy Acid (AHA) products close to the eyebrow area 2 weeks prior to and 2 weeks after your procedure. Check your moisturizer, facewash BB or CC creams and makeup primers for anything that says acid.

No brow waxing or tinting one week before.

Please Note: You will be more sensitive during your menstrual cycle as well

No growing serum on brows (Discontinue for min of 3 weeks)

If you have any questions about your brows, please contact us kwbeautycanada@gmail.com

Post Appointment Instructions:

Please keep the brows dry for at least 7 days, that includes showering. Its okay to have a splash here and there but do not saturate your brows with water.

No make up application on the brows

No sun tanning, swimming or excessive sweating. If it is summer when you get your brows done, please wear a hat for at least 10 days. The sun will reduce the amount of pigment you retain and it will cause the brow to fade quite early. That is not covered in our touch up, this will cause you to pay more for your touch up.

No soap, moisturizer, make up, creams, or sunscreen on the brow area

Do not rub or pick at the dry flaky skin/scab.

Thoroughly wash your hands and apply a thin layer of our aftercare balm 2 times a day after the 7 day mark.

Do not touch the area at all without thoroughly washing your hands. If you do not thoroughly wash your hands, you can cause a bacterial infection on your brows.

Swelling and redness is normal for the first few days. To relieve swelling, you can ice the area with soft gel ice packs, cover the brow first with a sterile gauze and then ice it.

Slight stinging sensation in the first few days is also normal

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