



## BEFORE YOUR CHEMICAL PEEL OR GLYCOLIC, LACTIC, SALICYLIC ACID OR OTHER PEEL (PRE PROCEDURE)

### Pre & Post Care

Prior to any mild peel the area(s) to be peeled, typically the face, is cleansed thoroughly. The peel solution is applied very thinly to dry skin avoiding the orbital rim / lip area. The solution or gel is left on the skin for 2-5 minutes, then the solution is removed with gauze sponges and cool water or a neutralizing agent or not removed depending on the peel. Contraindications or those who may not be a candidate for a superficial / light chemical peel are, people who have any allergies to any of the chemical peel components like Salicylic Acid, Glycolic Acid or Lactic Acid for example, those who have an allergy to aspirin, are pregnant or nursing, are on Accutane or using a topical benzocaine for acne, anyone prone to Melasma may see the opposite side effect of darkening of the skin, also anyone using a retinol or vitamin A cream.

**Rare Complications are prolonged redness or delayed healing with crust formation. Darkening of areas of skin (pigmentation). This is more likely if sun exposure occurs. Cold sores (herpes simplex virus) can be activated by a peel. This presents as a group of blisters, usually around the mouth.**

When the peel solution begins to take effect, possible itching, mild burning and tingling sensations are normal. Most clients can tolerate 3 to 5 minutes and the solution shouldn't be on longer than 5 minutes for most people and a maximum of 10 minutes for people with very thick skin if tolerable. At the end of the procedure, cool water or neutralizing solution may be applied. The face may have a pink hue for up to several or more hours and may be dry over a few days after the procedure.

Typically, any dryness is very subtle and will slowly shed off over a two to four day period depending on your skin condition. Acne breakouts are normal. Before but certainly after the peel treatment you **MUST** use an SPF 30 or higher sunscreen every morning and afternoon or as needed daily. A skin care program is an important part of any post peeling regimen and should be started by hydrating with cream when your skin is back to normal (no longer pink) 12 to 24 hours after your treatment. I authorize my provider to perform my Chemical Peel Treatment. I understand possible side effects include and are not limited to: slight or extreme redness, histamine reaction, swelling, stinging, itchy, tender, dry or flaking skin. In rare instances,

hyperpigmentation/hypopigmentation, scarring, or infection can occur. Expect acne breakouts within the first 7 to 10 days after the treatment. Cold sores are also possible.

Alternative options for improvement of the skin may also be accomplished by other treatments. Options include laser skin surface treatments, micro needling, microdermabrasion, and facials. Other options not mentioned here may exist. Risk and potential complications are associated with alternative treatments. Please wait for any further treatments post micro-needling for up to two weeks or longer, however, 28 days is always preferable with any skin turnover type treatments.

Notify your provider PRIOR TO SIGNING THIS CONSENT if any of the following apply to you:

- Cold sores (history), warts, open skin lesions, sunburn, extreme sensitivity, Dermatitis or Rosacea
- Blood thinning medications
- Accutane or generic version within the past year
- Pregnant or breastfeeding
- Received chemotherapy or radiation therapy
- Collagen Vascular Disease
- Eczema, Psoriasis, or Dermatitis
- Hemophilia / bleeding disorders
- Keloid/hypertrophic scarring

Before and after photos are necessary and even mandatory at KW Beauty. In some cases, client pictures are submitted electronically to a NP and in most cases also an MD. Pictures will be kept on file electronically and in paper formats for a minimum of seven years. These photos may be seen by any weinject members for educational purposes(KW Beauty's training facility). All weinject members are professionals and are bound by their own colleges regarding patient confidentiality additionally weinject members are all bound by a signed contract keeping patient's information private in addition to ethical guidelines.

This list is not meant to be inclusive of all possible risks associated with Chemical Peels as there are both known and unknown side effects associated with any cosmetic procedures, additionally expect that your practitioner may use this product or determine use for off label treatment depending on the degradation or ageing or location of the skin or hair condition.